



Changi Sailing Club

32, Netheravon Road, Changi, Singapore 508508
Tel: (65) 6545 2876 Fax: (65) 6542 4235 Registration Ref. No.: 205/87SPO

INTRODUCTORY OPTIMIST COURSE

CLASS / TYPE OF BOAT	DURATION	PRICE
Optimist	3 Sessions of 6 hours 3 Saturdays: 10am –5pm or Mon, Tue & Thu: 10am – 5pm	\$200/- (Member) \$300/- (Non-Member)

SYLLABUS

To be able to sail one class of Dinghy in normal wind conditions. This includes rigging, launching, and all points of sailing and coming ashore.

Basic knowledge of the names of boat parts and their uses

Ability to tie the following

Figure of eight knot

Reef knot

Bowline

Clove hitch

Righting a capsized Dinghy

Knowledge of requirements for boat buoyancy and personal buoyancy.