

NATIONAL ENVIRONMENT AGENCY TIDE TABLE

January 2010

01 (FRI)		02 (SAT)		03 (SUN)		04 (MON)		05 (TUE)	
time	metre	time	metre	time	metre	time	metre	time	metre
0011	2.9	0056	2.9	0137	3.0	0216	3.0	0252	2.9
0505	1.7	0556	1.6	0645	1.5	0733	1.4	0820	1.3
1046	3.2	1133	3.3	1220	3.3	1309	3.3	1401	3.2
1728	0.2	1820	0.2	1913	0.2	2003	0.3	2048	0.5
06 (WED)		07 (THU)		08 (FRI)		09 (SAT)		10 (SUN)	
time	metre	time	metre	time	metre	time	metre	time	metre
0326	2.9	0400	2.8	0437	2.8	0522	2.7	0005	1.8
0907	1.2	1000	1.2	1101	1.1	1222	1.1	0618	2.7
1456	3.0	1601	2.7	1722	2.4	1905	2.3	1346	0.9
2133	0.8	2216	1.1	2303	1.5			2113	2.3
11 (MON)		12 (TUE)		13 (WED)		14 (THU)		15 (FRI)	
time	metre	time	metre	time	metre	time	metre	time	metre
0139	1.9	0305	2.0	0407	1.9	0446	1.8	0022	2.7
0726	2.6	0839	2.7	0937	2.8	1022	2.8	0518	1.7
1456	0.8	1552	0.7	1633	0.6	1709	0.5	1058	2.9
2228	2.5	2316	2.6	2352	2.7			1741	0.5
16 (SAT)		17 (SUN)		18 (MON)		19 (TUE)		20 (WED)	
time	metre	time	metre	time	metre	time	metre	time	metre
0048	2.7	0111	2.8	0131	2.8	0152	2.8	0215	2.8
0548	1.6	0618	1.5	0650	1.4	0724	1.3	0756	1.3
1131	3.0	1203	3	1235	3	1307	3.0	1341	2.9
1815	0.5	1846	0.5	1918	0.5	1948	0.6	2013	0.7
21 (THU)		22 (FRI)		23 (SAT)		24 (SUN)		25 (MON)	
time	metre	time	metre	time	metre	time	metre	time	metre
0235	2.8	0300	2.8	0328	2.7	0405	2.7	0454	2.6
0830	1.2	0905	1.2	0952	1.1	1056	1.1	1216	1.0
1416	2.8	1458	2.6	1552	2.3	1718	2.1	1946	2.1
2035	0.9	2058	1.1	2128	1.3	2215	1.6	2345	1.9
26 (TUE)		27 (WED)		28 (THU)		29 (FRI)		30 (SAT)	
time	metre	time	metre	time	metre	time	metre	time	metre
0601	2.6	0139	2	0307	1.9	0407	1.8	0458	1.6
1339	0.9	0735	2.6	0854	2.8	0952	3.0	1043	3.2
2141	2.3	1448	0.7	1545	0.5	1635	0.3	1726	0.2
		2233	2.5	2316	2.7	2354	2.8		
31 (SUN)									
time	metre								
0030	2.9								
0545	1.4								
1130	3.3								
1815	0.2								

Courtesy of NEA (National Environment Agency)